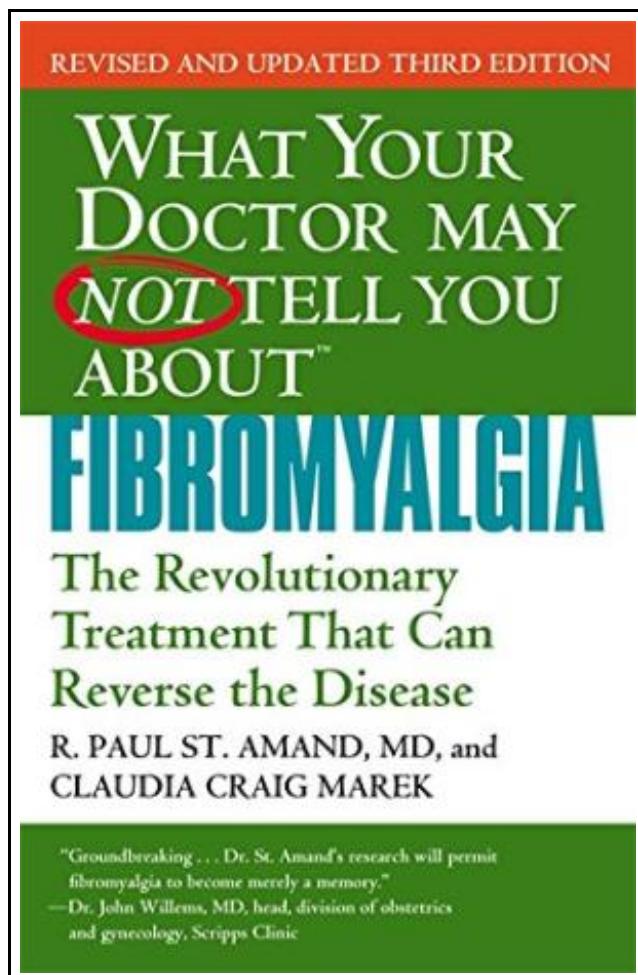


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Little, Brown Company, United States, 2012. Paperback. Book Condition: New. 3rd ed.. 198 x 132 mm. Language: English . Brand New Book. Muscle pain; fatigue; bladder infections; insomnia; hypoglycemia; IBS; chronic candidiasis. If you have one or more of these symptoms or syndromes, you may have fibromyalgia. In 1999 Dr. St. Amand, an experienced endocrinologist and UCLA assistant clinical professor, published his effective protocol for reversing fibromyalgia, based on nearly half a century of research, including his own experience with the disease and that of hundreds of his patients. Years later, thousands of fibromyalgia sufferers have followed Dr. St. Amand's revolutionary program and have experienced amazing results. This third edition of the book offers the latest research and Dr. St. Amand's breakthrough program that uses guaifenesin, an inexpensive, safe and increasingly available medication that can help reverse the disease. The authors have seen symptoms eliminated and normal living restored in an astonishing 90 percent of the fibromyalgia sufferers they treated with guaifenesin. In this edition, readers will find more patient anecdotes and a deeper understanding of patient symptoms, treatment, and results, including: \* More information about the current treatment of fibromyalgia and what causes it \* New results from Dr. St. Amand's City of Hope study about the efficacy of the guaifenesin treatment \* Changes in disease protocol A discussion of pharmaceuticals in treatment, and why medical Band-Aids won't treat the disease.



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