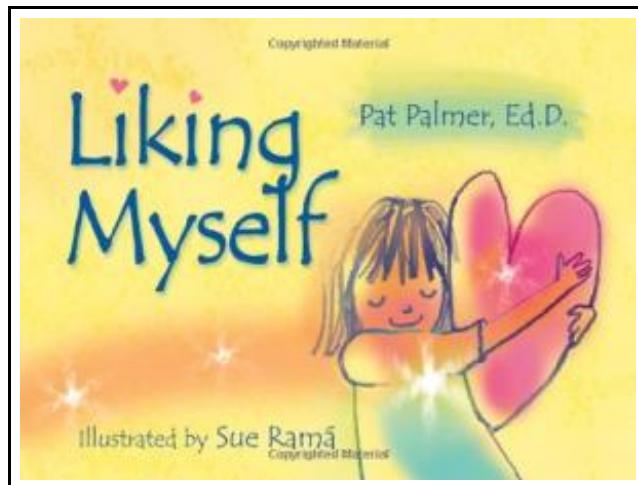


Liking Myself



Filesize: 8.38 MB

Reviews

This book is really gripping and interesting. Of course, it is actually perform, still an interesting and amazing literature. You will not truly feel monotony at whenever you want of your time (that's what catalogues are for concerning when you request me).

(Claud Schaden)

LIKING MYSELF

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Boulden Pub, 2011. Paperback. Book Condition: New. Sue Rama (illustrator). Revised. 201 x 150 mm. Language: English . Brand New Book. Liking Myself is an encouraging book and a valuable resource for building self-esteem and emotional stability in children 5 to 11 years of age. By writing or drawing responses to a variety of self-esteem activities, children develop social and emotional skills. The book teaches children to listen to and talk about feelings. They learn to manage the full range of their emotions including anxiety, anger, depression, and being overwhelmed without hurting others. Previous editions of Liking Myself and the companion The Mouse, the Monster and Me sold over 500,000 copies! Improves self-esteem and emotional literacy which helps curb and prevent bullying. Includes simple and fun activities and exercises to help reinforce the lessons. Positive self image and self-esteem is proven to: Reduce acting out and bad behavior. Lower children's stress and anxiety. Promote the development of healthy relationships. Help children resist peer pressure. Companion to The Mouse, the Monster and Me.

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Relevant PDFs



Children s Handwriting Book of Alphabets and Numbers: Over 4,000 Tracing Units for the Beginning Writer

Createspace, United States, 2015. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.The Children s Handwriting Book of Alphabets and Numbers provides extensive focus on...

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Klara the Cow Who Knows How to Bow (Fun Rhyming Picture Book/Bedtime Story with Farm Animals about Friendships, Being Special and Loved. Ages 2-8) (Friendship Series Book 1)

Createspace, United States, 2015. Paperback. Book Condition: New. Apoorva Dingar (illustrator). Large Print. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Klara is a little different from the other...

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paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: 2012 Pages: 207 Publisher: the Shantou University Shop Books all book...

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Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

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Children s Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

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