



The Pregnancy Bible: Your Complete Guide to Pregnancy and Early Parenthood

By Joanne Stone, Keith Eddleman

Firefly Books, 2003. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: An authoritative and up-to-date reference. The Pregnancy Bible combines the knowledge and experience of medical specialists and family doctors -- all under the direction of practicing and widely published obstetricians. It follows the complete sequence of fetal development in utero week by week. Each step is illustrated with full color photography -- many of which are life-size. Dozens of step-by-step illustrations help make the many aspects of infant care easier to master. In-depth and highly readable information covers: Nutrition and exercise Cesarean section Planning for a home birth Options for pain relief Prenatal and postpartum care Coping with emotional changes Taking care of newborns Preparing a safe environment at home Quick reference gatefold spreads help keep track of important tests and check-ups for each trimester. Included is an in-depth directory of specialized tests and procedures available for both mother and child. The Pregnancy Bible is an extensive, accessible, up-to-the-minute sourcebook of everything expecting parents need to know, combining the knowledge and experience of many medical specialists and healthcare providers.

DOWNLOAD



 **READ ONLINE**
[3.65 MB]

Reviews

It is simple in study easier to fully grasp. It is definitely basic but unexpected situations within the fifty percent in the ebook. I am delighted to let you know that this is actually the finest publication i have got read inside my own life and could be the very best ebook for actually.

-- **Destiny Walsh**

It is an amazing publication which i actually have at any time go through. It really is written in easy words and phrases rather than hard to understand. Its been developed in an extremely easy way which is merely following i finished reading through this pdf in which actually changed me, affect the way i think.

-- **Garry Lind**