



## Reprogram Your Mind for Success and Happiness: A Step-By-Step Guide to Becoming Physically, Financially, and Spiritually Successful

By cleophus Jackson

iUniverse, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Everyone wants to know the secret to success. Unfortunately, too many in this world suffer from low self-esteem, a lack of self-confidence, and little motivation. In his self-help guidebook Reprogram Your Mind for Success and Happiness, author Cleophus Jackson shares inspirational methods that teach others how to discover their hidden powers and train their minds to begin believing that they too can become successful, happy, and self-fulfilled. Jackson believes that within each of us there is a power just waiting to be awakened—the kind of power that can help us achieve anything in life. With encouragement, any of us can change our methods of thinking that paralyze us and prevent us from achieving success. Jackson shares a step-by-step process that leans heavily on trusting spiritual guidance in order to make decisions, learn to love ourselves, set goals, change habits, take risks, and create a clear vision for the future. Reprogram Your Mind for Success and Happiness traces a path out of the darkness of insecurity and into the light of achievement, where dreams really do come true.



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