



## Clean Heart

By Karen Kyloon and Me

Xulon Press, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Is she good enough for anyone, including God? It's the question that Kyloon struggled with regularly in her life, along with feelings of unworthiness and desiring freedom from self-hatred. Her pursuit of acceptance from her perfectionist, musical father, surviving a near-death experience and recovering from kyphosis highlighted much of Kyloon's early years; which were later eclipsed with more challenges due to a verbally abusive husband, raising daughters and ongoing health complications. However, she sought God's love and grace through her ordeals and was blessed with a renewed sense of identity and livelihood in God's purpose for her. Her story is captured in Clean Heart; Healing Body, Soul and Spirit, which also reveals that Kyloon's story is the author's autobiography. By peeling back the emotional layers of her life, the releasing of the inner child in Kyloon, author Karen, occurred and healing began to reunite Karen with God's plan for her.



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