



Health and Happiness from Meaningful Work: Research in Quality of Working Life

By Soren Ventegodt, Joav Merrick

Nova Science Publishers Inc. Hardback. Book Condition: new. BRAND NEW, Health and Happiness from Meaningful Work: Research in Quality of Working Life, Soren Ventegodt, Joav Merrick, Happiness at work.your quality of life and sometimes your life depends on it. Work is an important part of the life of the modern man, as it always has been, but work has become more complicated than before. Today what we do is often done as a part of a large organisation. The work is often abstract manipulation of matter or information, and the value created by the single member of the organisation has become increasingly difficult to measure. Organisations have become increasingly responsible for not only the physical work environment, but also for the mental working environment, and factors like stress and sexual harassment are becoming more and more regulated by company rules and culture. The health of the employees has become a major financial interest of the company as only healthy employees and leaders can perform optimally. Often the companies have health insurance for their people. Today employees and leaders also expect work to provide their life with meaning and stimulating experiences and developing challenges. Scholarly knowledge is substituted with experiential learning...



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